



stroke.pt

SEXUAL STRATEGY

The Doggy position it is more complicated than we think because of the barriers to entry and the change in how stroking takes place given the inverted nature of her vagina.

In the doggy position, it's upside down, so if you have adequately Sherlocked her from the missionary you will need to know where her points are upside down and have an arsenal of strokes to engage them. Also, like with the missionary position, penetration-from-behind sex engages the woman's core because she has to stabilize herself on all fours so your intensity should be tempered against her strength.

You'll also be working your quadriceps and glutes more than normal when using S.T.R.O.K.E.s in the doggy-style position. The Jamaican Stroke Skills series focuses on the Doggy position with over a dozen varied Strokes and combinations.

GEOMETRY

In the Doggy Style position the clitoris is pointing south, straight down. In order to engage the clitoris it reach down with your free hand and rub / pat it. This position does not allow for pushing strokes, so oral pleasure and using your hand to stimulate the clitoris before/during intercourse is beneficial.

GEOMETRY

From the Doggy-style position the G-Spot is on the south wall however, it can shift positions given the curve of your partner's back. The G-Spot is in a cul-de-sac, and the location is curved, so any arching will affect its placement. As a rule of thumb, remember that the closer her chest is to the surface, the further south the G-spot is located.

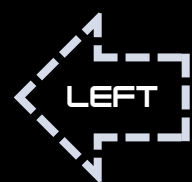
In the Doggy-style position, after building fricative energy into the G-Spot apply pressure downwards using S.T.R.O.K.E.s to engage it. The more flat you are against her more vertically aligned the G-spot will be.

ANGLES

Turn your hips right and your penis will point left.



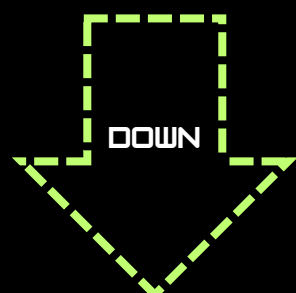
Turn your hips left and your penis will point right.



Move your hips north and your penis will point south.

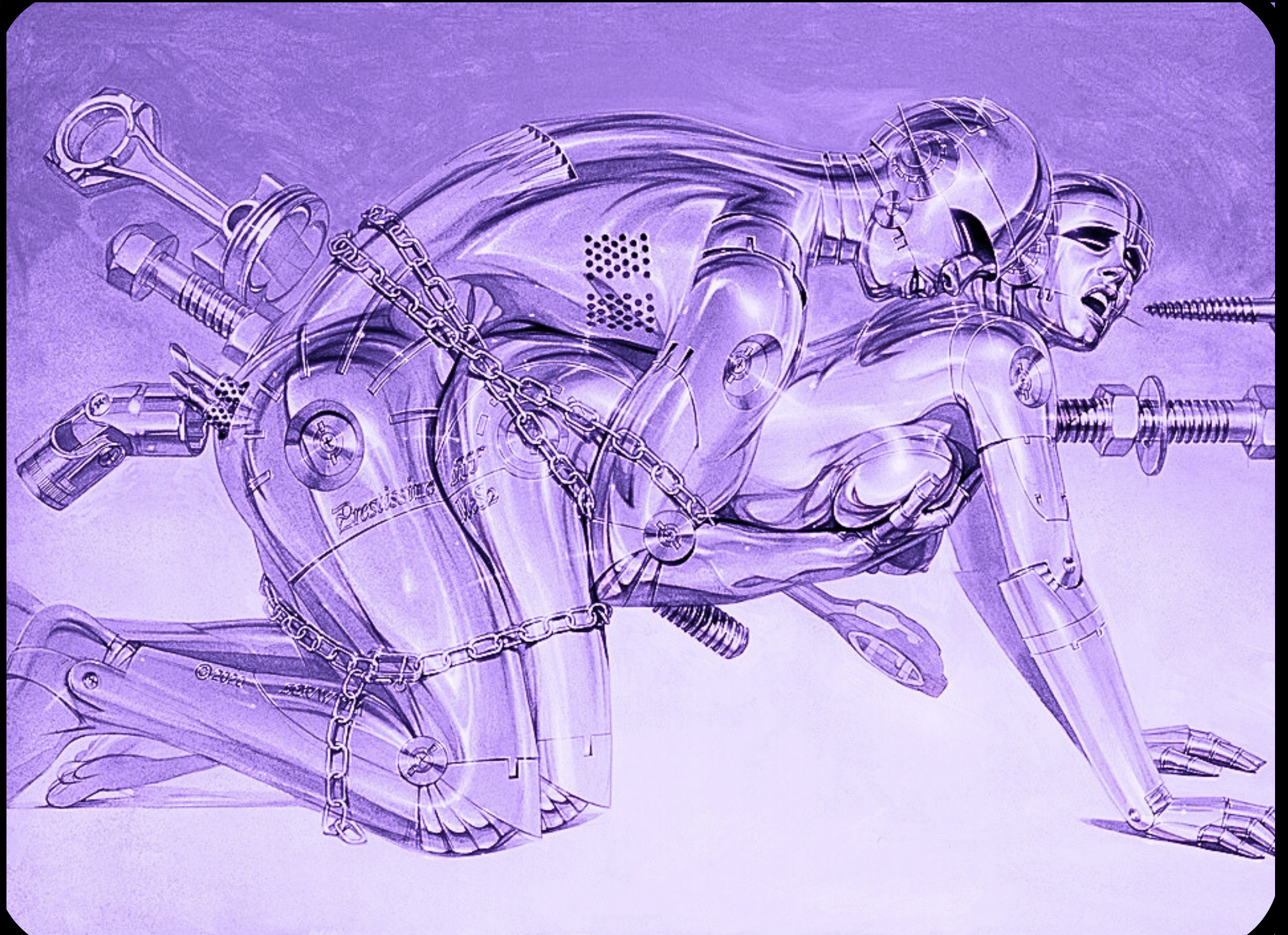


KEY for this position
Drop your hips south and your penis will point north.



RHYTHM

Moving at a slower S.T.R.O.K.E pace with firm powerful S.T.R.O.K.E.s is beneficial. The S.T.R.O.K.E Strategy with increasing pressure is the key to huge orgasms in the Doggy-style position



- Flexibility

- Stamina

- Focus

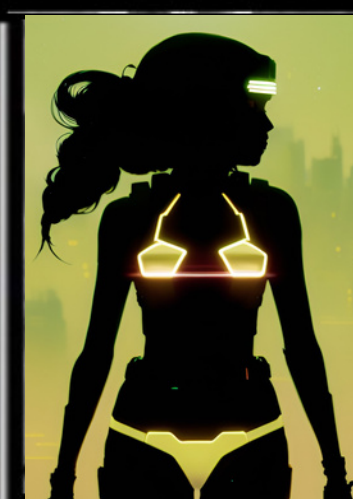
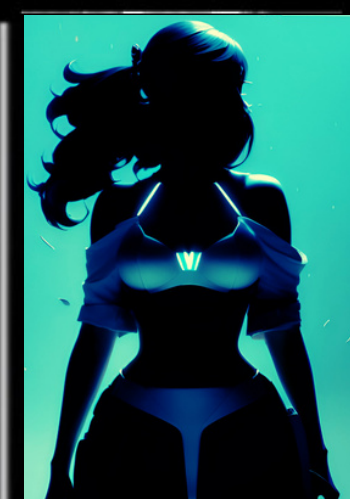
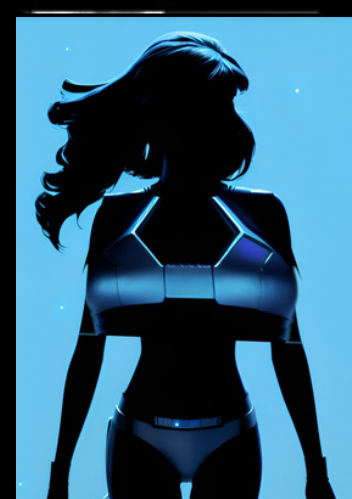
- Powerful Angles

- Torso Driven

- Legs Driven



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