

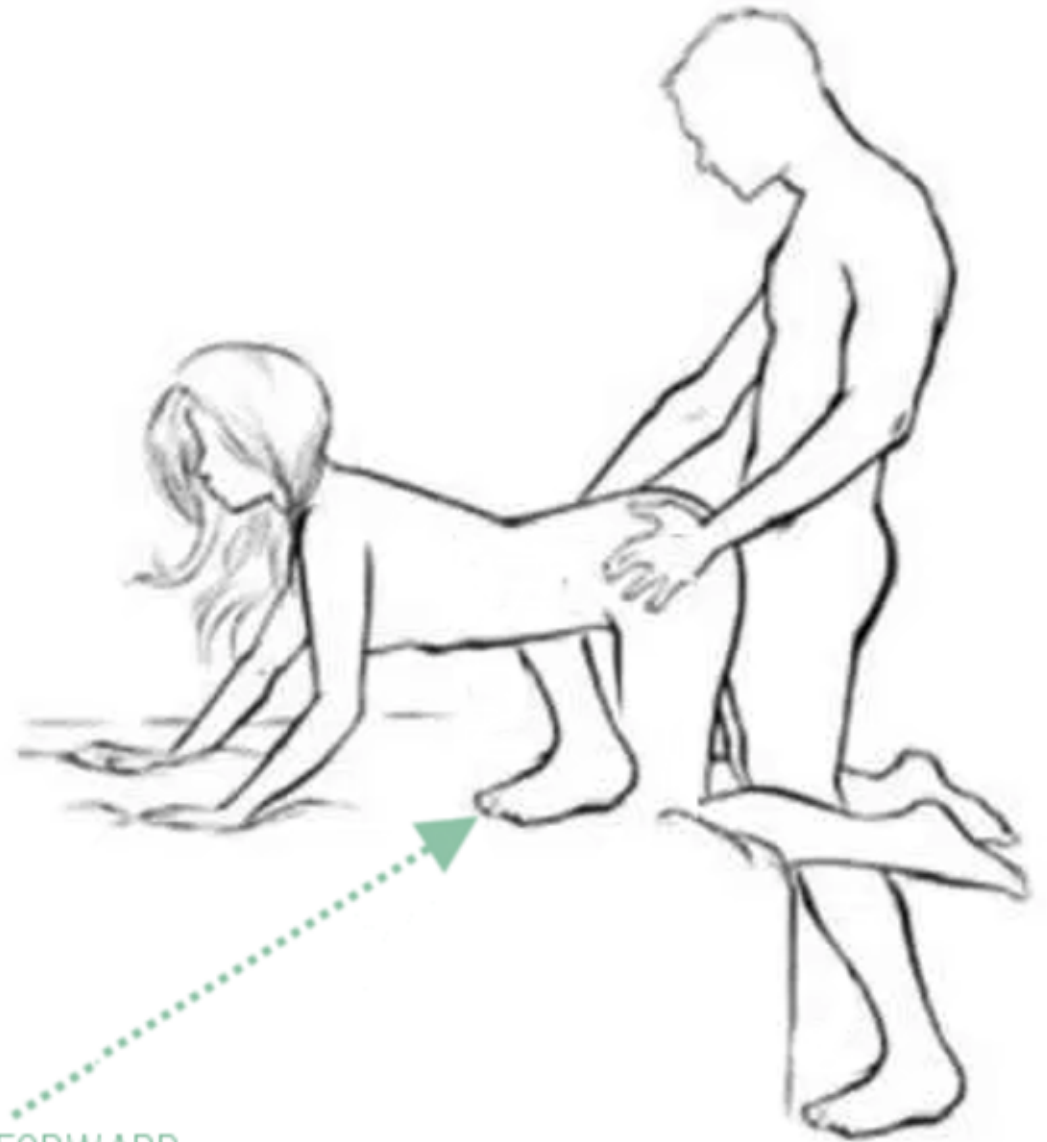


DST4

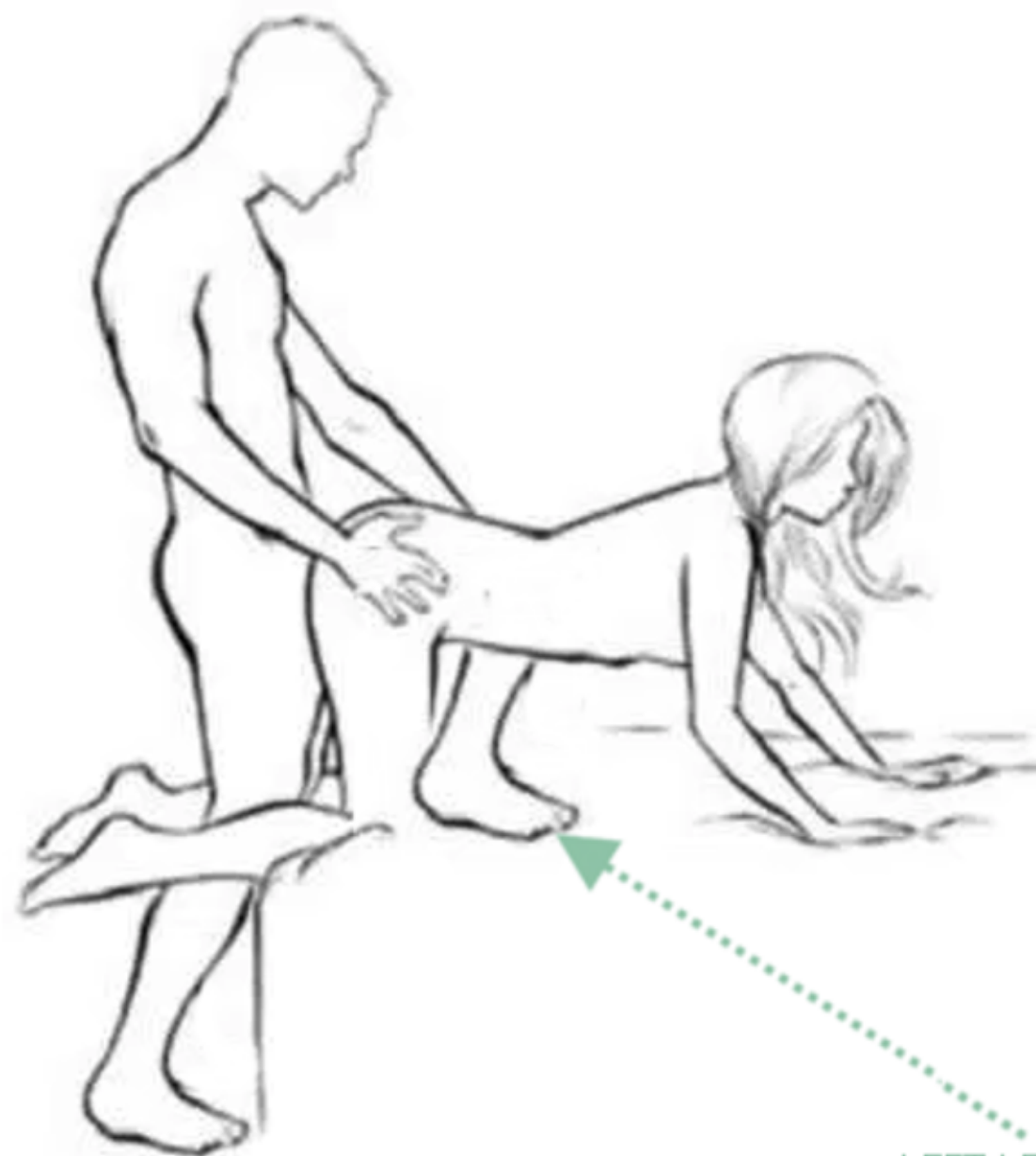
DST4
*Defensive Stroking
Techniques*



East Wall DEFENSE



RIGHT LEG FORWARD

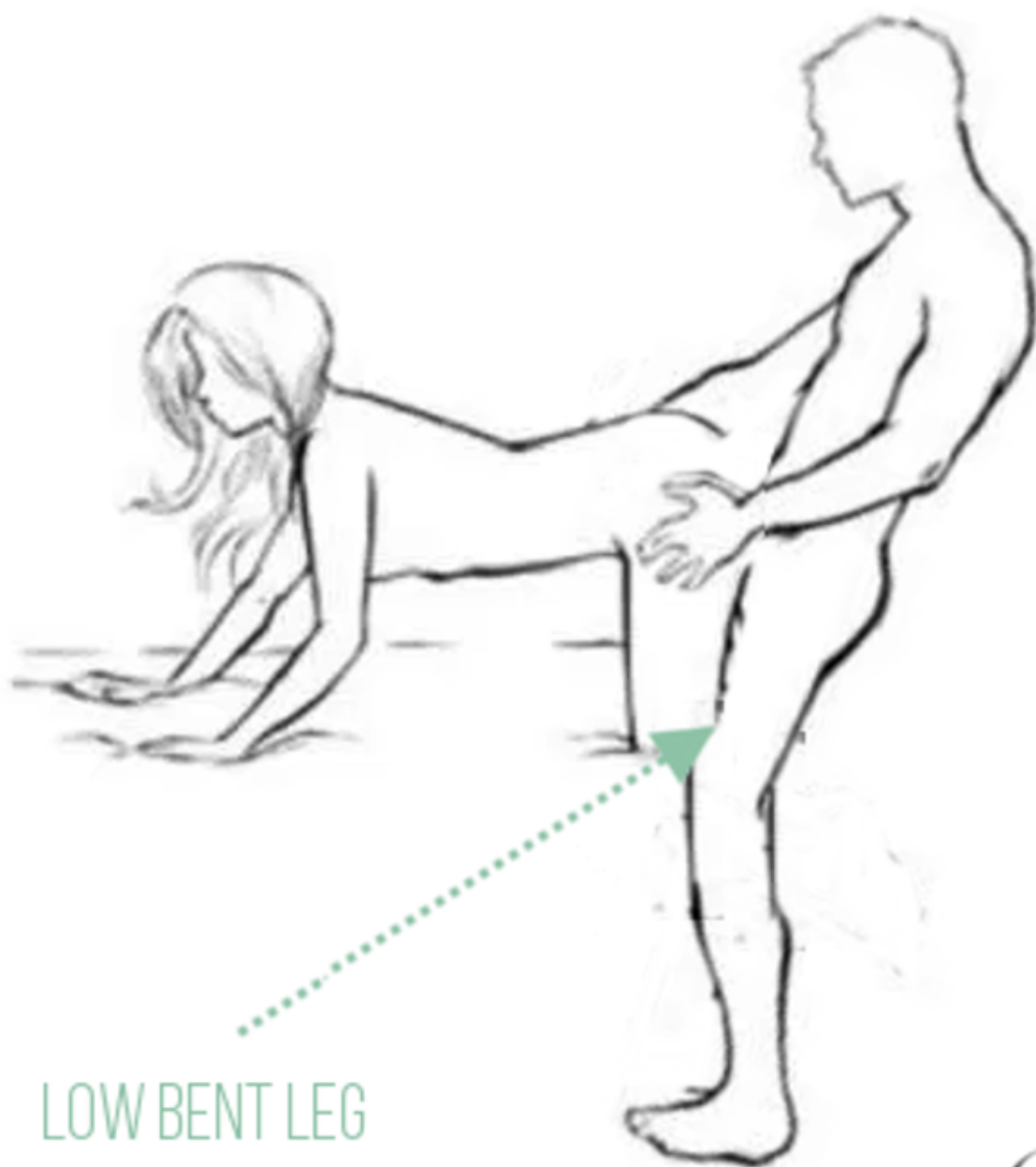


West Wall DEFENSE

LEFT LEG FORWARD



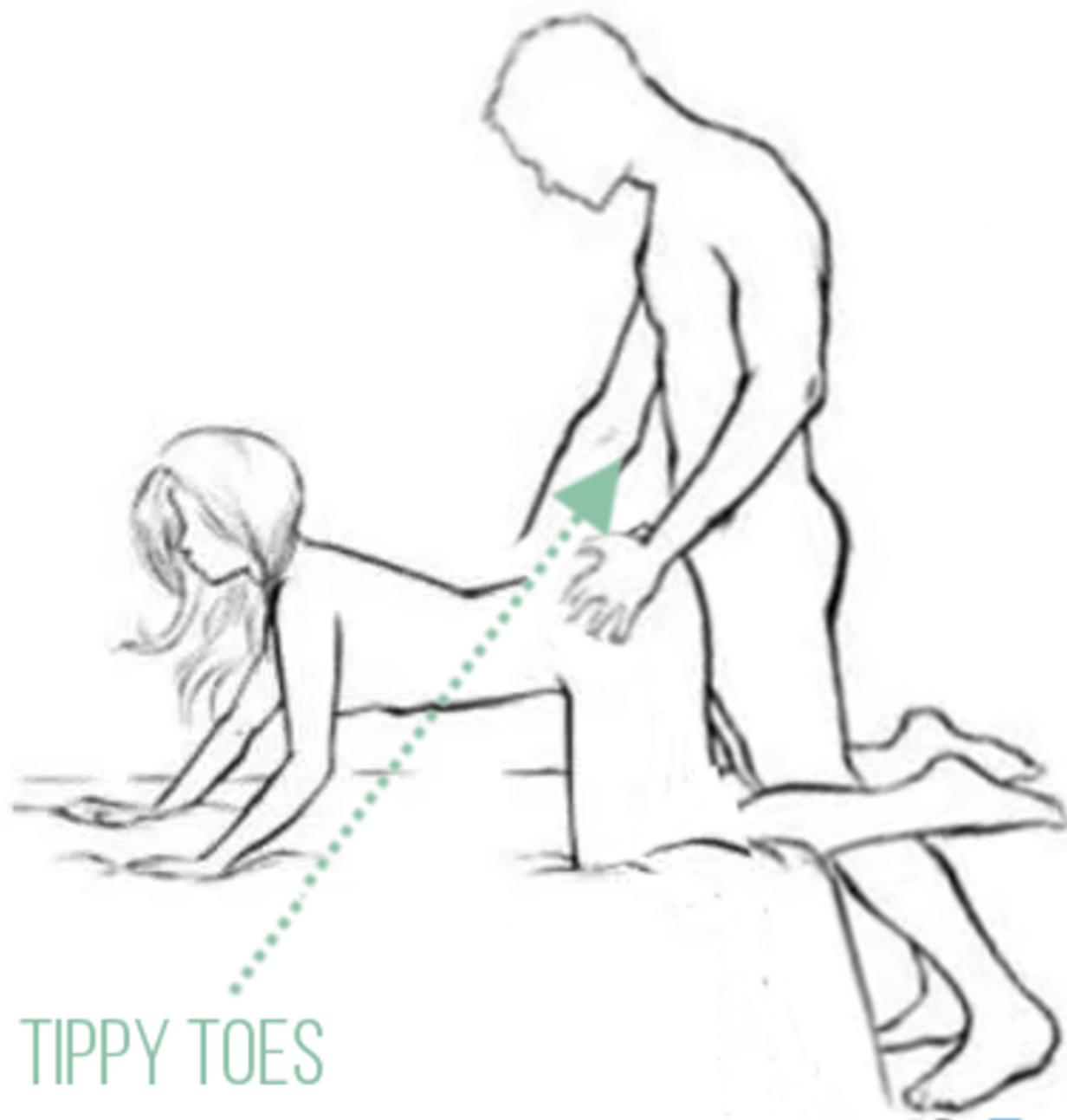
North Wall DEFENSE



LOW BENT LEG



South Wall DEFENSE



TIPPY TOES