



Your Sex Grip complete



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Greetings, this is Montique Stephon with Stroke Skills Elite, expert level sex skill. Now listen, to-day I want to talk to you about something that we call handle. Handle. Now we're not talking about door handle and we're not talking about cross over skills like Allen Iverson. Instead, we're talking about in a sexual sense. We're talking about the concept of how you touch, move and position women during sex. Now what if I told you that these three things play a key role in if women will enjoy your stroke?

Because look, you have to understand there's no time when a woman is more in tuned with kinetics, that is the concept of body language, being able to read somebody's energy. There's no point where she's more in tune with that part of herself than during sex. So she's reading the way that you touch her, she's reading the way that you move her and she's definitely reading the way that you position her body.

So look, you have to be honest. Each one of these different concepts, I would say 99.9% of us, we get it from porn. And this is stuff that we absorb psychosomatically. We don't even know that this is the type of information that we're bringing into ourselves. Because we watch it and our minds instantly copy it subconsciously. We're watching one thing...we're watching a woman, you know, orgasm and all this. But our mind is copying his movement and we use it without knowing because of the fact that we feel like if we do these moves we get the same results. We don't necessarily recognize that the truth is, that no.

Instead, we're actually retarding our natural skill and our natural insight and abilities as it pertains to sex. All these different concepts that we're picking up are the things that directors and producers inject into adult films so that they're more titillating to the audience. They want people to be drawn in, they want people to be sexually alluring. And they realized that year after year after year, the more porn that you actually ingest, the more vivid, the more brutal the adult film has to be in order for it to turn you on as a guy.

So now, most of the adult films that you see are going to be using extremely aggressive grip. Extremely aggressive grip, that means extremely aggressive touching, extremely aggressive positioning and extremely aggressive movement. And by movement, I'm specifically talking about the way that he is moving her around during sex. Now as I contextualized earlier, when you bring this stuff home to your environment, when you bring this home to your lady and you use this on her, she's reading that.



And it's obviously going to trigger confusion, it's going to trigger self-consciousness and the underlying worst thing you want to trigger during sex, which is fear. All of these different things that you're triggering kill her orgasm, destroy her pleasure and actually will numb her to the sexual experience in and of itself. So you'll likely say now, «Well, listen Montique, how do we know the right way to touch a woman, the right way to move a woman around the bedroom, the right way to position her?»

Well bro, there's not really a right way. It's all about being able to contextualize the type of situation you're in. Looking at the woman herself, looking at her specific personality and then moving accordingly. In a nutshell, different strokes for different folks. Different types of women are going to want you to touch them differently, move them differently, position them differently. But there are a couple of things that are consistent and I'm going to speak about those.

Many of the specific ways that you can adapt to these women you can find in our books, like the Sherlock her book and also the course on women's personality types. You know, there you can see introspections into the alpha type, the beta type, the omega type. And we breakdown how these different types appreciate sex so that you know how you can change different ways that you do things specifically so that they'll like them.

But I want to say there are a couple of things when it comes to grip, that being the ability to position a woman, the ability to move a woman around the bed or around the situation and the ability to touch her. There's a couple of consistent things across all types of women. First, if the position is putting her body under strain, don't use it. Because when you put a woman's body under strain during sex, her mind is focusing on that strain and it's not focusing on your penis stroking pleasure into her vagina.

She's not focusing on her spots being inflated, she's not focusing on the feeling of your stroke. She's focusing on the strain that's being created. You have one leg being held up...she's holding one leg up and [inaudible 00:06:15] yourself off the side of the bed and having a balance there. She's not going to be focused on the stroke. She's focused on keeping her balance, keeping her leg up. She's focused on the pain that's taking place in her holding this. She's doing this so that you are satisfied but you're trying to satisfy her.

So do what, what do you do? Use positions that allow her to relax. That right there is something that I feel is consistent across every type of woman. The next thing, when you move her, make eye contact. Some women will like you to be a little rougher and others will like you to be a lot more gentle. That's going to be their personality types you have to look into. But regardless, make eye contact. Because you don't want them as if you are disconnected from the situation and she's basically like a glorified flesh life or something like that, a masturbation tool. She doesn't want to feel like that, okay?

She wants to feel like she's a person regardless of the mode that she's in. She can be in super submissive mode, she could be in, «use my body» mode. Regardless, she is a person, recognize her. So when you take her from one position to a next or you're moving her across the bed, look her in the eyes. Now lastly, when it comes to touch, use the palms of your hands more than your fingertips. Start your touches with the palm and then roll your fingertips in. You start with the palm and then roll your fingertips in.

It doesn't matter if you're touching her shoulder, if you're grabbing the nape of her neck, if you're touching her hips, if you're grabbing where her shoulders are. It doesn't matter. In each situation, start with the palm and roll to the fingers. Let me tell you why. You remember the concept of muscle memory, the whole idea that if you can do something enough times your body will automatically recognize it. It will put together a thought based upon some type of action.

So when you were a kid and you kept doing standing up and then falling down and standing up and then falling down, you are creating muscle memory for yourself so that after awhile you could just what? Stand right up. You've done it enough times so that your brain knows what it feels like to stand up and can do it without having to think twice about it. Well, listen. In the bedroom, muscle memory is a relevant concept as well. And when it comes to touch, it is extremely, extremely, extremely potent during sexual process.

When a woman is being intimate or in the process of becoming intimate, the way that she is touched has a huge effect on the things that she's thinking. Touching somebody with their fingertips, it has a direct connection to a prodding feeling. When women go to a gynecologist, when women have to get Pap smears, when women have to get checkups in their vaginas, the doctors often have to use their fingers and other prodding tools to open their vaginas to massage different areas to see if they're healthy.

That feeling, that fingery feeling, the touching with the fingertips and squeezing with the fingertips, it's going to take her mind there. You understand? It's going to take her mind there. You don't want her mind thinning about being prodded with metal medical tools and having things taken in and out of their body, no. Instead, you really want them to be focusing on feeling the sensation coming off of your stroke. That's really what you want them to feel, that's what you want them to be focused in on.

So change the way that you touch her body so that it has a unique feeling, something that makes her feel wanted, something that makes her feel secure, something that is going to keep her mind far far away from some medical office, all right? So look, again, women are all different. Certain women are going to want you to use grip in different ways, certain women are going to want to be moved

in different ways, certain women are going to want to be touched in different ways, certain women will want certain positions. Those things are based on per personality.

So you want to understand a woman's personality, whether she's an alpha, a beta or an omega and you want to be able to understand why she likes the type of sensations that she does. So that when you do them, you can move off of them and make sure that your whole stroke campaign stays right in line with the type of person that she is.

The things that we spoke about today are actually some things that are common between each one of the personality types. How a woman is touched, how she is actually moved in and around the sexual environment that you're in and the way that she's positioned has some of the most potent influence on if she's going to enjoy sex with you and if she will climax.